

# Upskill your team with **STROKE101**

**Support your workforce to confidently work with people affected by stroke, increase your team's capability, and improve patient/client wellbeing and outcomes with Stroke101.**



**Stroke101** teaches your team the basics of what a stroke is, stroke risk factors, how to recognise signs of stroke, how people are impacted by stroke, and how to support people and their whānau affected by stroke – all in just 90 minutes.

Designed for:

- Health Improvement Practitioners
- Whānau Ora Navigators
- Health Coaches
- Health Care Assistants
- Support Workers
- Community Workers
- Community/School/Marae Nurses

“Stroke101 has been so valuable to our workplace. **The whole team now feels empowered to confidently work with stroke survivors and whānau, providing high quality care and support.**”

Lindsey Webber  
Chief Executive Officer,  
Western Bay of Plenty PHO